At MWBC

Optional sleeping, then Registration and Start procedure

The procedures for this year's Round Rotherham will be as in 2024.

Note: Main condition to attend the event

Anyone with Covid-19 symptoms, or recently tested positive, must not attend, as participant, supporter or member of the organising team during their quarantine period.

Main features:

- 1. Don't attend if you could be infected
- 2. You will have selected a 5-minute Registration time slot on the Fabian4 website (Individuals).
- 3. For the individual, you prepare, report to Registration (at your selected time), and go; no hanging around.
- 4. Relay teams register after 7:30 and have a mass start at 8:00
- 5. One-way systems operate at Registration, checkpoints and the Finish.
- 6. Navigation information The latest written description, strip maps and GPS data are on the <u>Navigation Page</u>

Mandatory equipment (for Solo): Mobile phone (in working condition, switched on) and appropriate clothing (your judgement and responsibility), Our emergency number, 07754 582378, will be on your race number, maps and the written description. Use this number for assistance in the event of injury that prevents progress to the next checkpoint.

(There is no mandatory equipment for Relay)

Event Centre (MWBC) for Overnight Parking on Friday night.

Please try to arrive between 5:00 pm and 9:00 pm. Late arrivals can still enter the site – park quickly and quietly as others will be trying to sleep. If you park close to the building, you will need to move your vehicle to the Event Parking in the morning (see plan below). During the day, the parking spaces near the building will be heavily used, as MWBC will be very busy.

You can sleep in your car or camper, and will be directed to the Event Parking on the Beach. Alternatively, you can pitch a tent on a grassy area on the beach. Striking your tent in the morning, kit can be taken to the Event Centre. Toilets will be accessible during the night from the building's patio (see plan).

Once Registration is open in the morning, a boiler with hot water, tea and coffee will be operational for take-away drinks.

On the Day

Arrivals in the morning will be directed to the Event Parking. Consider the vehicle you arrive in to be your base.

If you will be arriving with no vehicle, e.g. by public transport, limited changing will be available in the changing rooms ('Extra Toilets' on plan) and a place will be available for your bags for the day (ask at Registration).

Registration and the Start procedure.

Solo participants should have selected a 5-minute registration time slot.

Prepare yourself at your vehicle; if you want toilets call in the way to Registration. Present yourself at registration 'ready to go,' alongside any others you plan to go round with, for your selected registration time slot. We will not be checking your arrival time at Registration. There is some flexibility but don't rely on it. (Note, there is a deliberate gap in registrations from 4:10 to 5:25).

Registration follows a one-way system in the boat storage bay in the boat shed of the MWBC building, after which you move to the Preparation Area/Start Pen.

At Check-in you will be issued with a race number – record any significant medical conditions on the back, and pin it to your clothing when you get to the Preparation Area/Start Pen. T-shirts (if ordered) will be issued. You can wear the T-shirt (put it on in the Start Pen), drop it at your vehicle after you have started or add it to your drop bag. If you want a bag transferred to Woodsetts (4th checkpoint) bring it with you to Registration for the bag drop. The bag will be returned to MWBC once you have left Woodsetts. Finally, you will be issued with your timing chip. Take care of it; there is a fee for lost chips, and you will not get a result, DNF. These will be devices for the Racetek system, operated on the day by Fabian4, as last year.

Next move to the Preparation Area/Start Pen in an adjacent bay. Printed copies of the strip map, written description will be available. These can be downloaded in advance from the Navigation Page - check that the date in the footnote is current. This website has additional information, e.g. for travel to the event centre, driving route between checkpoints and GPS data. There will be pens (for writing salient information on the back of your race number) and pins. Get prepared, join up with your group ready for The Off.

Start procedure: You may set off in a group or individually. As you go under the start arch, you will present the Racetek device to a Racetek box; this will set the race clock going for you, and record you as being on the course. Once you have started, it is important that you report to the Finish, even if you retire. If arrangements are not taken to get the Racetek device to the Finish or handed to a checkpoint timing official, we have to assume that you are on the route, and an unnecessary search may be instigated.

When you present your Racetek device check that it responds - sight and sound. You will need to do the same at each checkpoint and at the Finish, or you will be marked as 'Course incomplete'. Note: you need to be ready to navigate from the 'off,' depending who starts with you. You will pass through the event parking once you have started; if you need to go to your vehicle to pick up or drop something off you can do so, but within your event time.

Relay: The procedure will be broadly similar, but with a mass start. The first stage runner and the Team Manager should go to Registration from 7:30. The first stage runner should go to the start arch after collecting the Racetek device on its lanyard. The relay race time will begin when the Starter say 'Go', at 8:00. The Team Manager deals with the administration, e.g. advising of any changes to the team membership or running order, collecting numbers if necessary, and should inform other team members of any late information. The TM will also collect any T-shirts ordered, for distribution.

At Checkpoints

Solo: Present your Racetek device in to the Racetek box and proceed to refreshments. If you have your own mug; it will be filled with your selected drink from a jug. Supporters of individuals should meet them away from checkpoints.

Relay: Present your Racetek device to the box and then pass it to your next runner and step aside. Supporters of relay teams should keep away from checkpoints, only the outgoing runner approaching the checkpoint when the incoming runner approaches.

At the Finish

Present your Racetek device to the Finish box just outside the building and proceed to Download. The download procedure will be explained. You can then go to your vehicle to change or collect clothes (showers, etc will be available). Later finishers can bring their vehicle to the parking by the building. For individuals, a meal will be available, served by MWBC staff.

Results will not be on display but will be available to view on your mobile phone or for your followers at home on the RaceTek site

Note: this will not only show those who have finished, unless you click "Include DNS and DNF". It should also give live reports from checkpoints and forecasts of progress. Trophies will be presented when confirmed.